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Certified Horsemanship Association to Discuss Stretches for the Rider with Julie Goodnight and Jennifer Willey on January Radio Show

(January 2017) – As the third Tuesday of January 2017 approaches, the Certified Horsemanship Association is excited to discuss “Stretches for the Rider Both On and Off the Horse” on CHA’s segment of the Horses in the Morning Radio Show. Horse Master TV’s Julie Goodnight and CHA Master Instructor Jennifer Willey sit down with the show’s regular hosts, CHA’s CEO Christy Landwehr and the show’s founders, Glenn the Geek and Coach Jenn. This topic suits any type of rider and even horse handlers. The show will air live at 9 a.m. Eastern Time on Tuesday, January 17, 2017. Those who can’t listen live can catch the recorded version afterward on iTunes, HorsesintheMorning.com, or through the Horse Radio Network mobile phone app.

CHA Master Instructor Jennifer Willey teaches Western and English equitation in Maple Grove, Minnesota, with an emphasis on communication, safety, and consistency. Willey also serves as a CHA Assistant Clinic Instructor and is the CHA Region 3 Director for the states of Minnesota, Wisconsin, Upper Michigan, Iowa, and Illinois and for Western Ontario. In 2007, she was named the CHA Instructor of the Year. Willey has a Bachelor of Science from Carlson School of Management at the University of Minnesota and an Associate in Arts from North Hennepin Community College. This marketing and business development professional also has experienced a range of roles within the horse industry. She has been a two-term director for the Minnesota Horse Council and served as chairperson for its Promotions Committee and Education Committee. She has served as the horse manager for the Special Olympics in Minnesota, spoken at a range of events, and has extensive experience as an instructor and trainer.

Julie Goodnight is the CHA International Spokesperson and former CHA Program Director. Goodnight is an internationally recognized trainer and clinician best known for her work on her weekly RFD-TV show called "Horse Master with Julie Goodnight." As a CHA Master Instructor and Clinician, she has used the knowledge she has gained through CHA and through her lifelong experiences with horses to help riders develop better leadership, communication, and horsemanship skills when working with their horses. In 2008, she was named Equine Affaire's Exceptional Equestrian Educator and in 2013 she won CHA’s

Partner in Safety Award. Goodnight's experience includes training in dressage, jumping, racing, reining, colt-starting, cutting, and wilderness riding. Goodnight owns a training facility in Colorado called Goodnight Training Stables, Inc.

For questions on CHA's segment on the Horses in the Morning radio show, please contact CHA's headquarters in Lexington, KY, at 859-259-3399 or info@CHA-ahse.org. If you would like to advertise on CHA's segment, please visit CHAInstructors.com/advertise for more information.

CHA Instructors Change Lives Through Safe Experiences with Horses. The purpose of CHA is to promote excellence in safety and education for the benefit of the horse industry. CHA certifies instructors and trail guides, accredits equestrian facilities, publishes educational manuals, produces educational horsemanship DVDs and YouTube Safety shorts, and hosts regional and international conferences. For more information on the largest certifying body of riding instructors and barn managers in North America, Certified Horsemanship Association, please visit www.CHA-ahse.org or call 859-259-3399. To find a certified horseback riding instructor or accredited equine facility near you, visit www.CHAinstructors.com.

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