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Certified Horsemanship Association Offers Educational Materials for Instructors Preparing to Become Certified; Two New Sample Lessons Added to CHA YouTube Channel

(January 2019) – As the largest certifying body in North America, the Certified Horsemanship Association (CHA) consistently produces new educational materials for CHA members and the general public. The latest content includes two sample lesson videos for riding instructors interested in becoming a CHA Certified Instructor or who wish to move up the levels of certification. During certification clinics, attendees are asked to teach numerous 15-minute sample riding lessons as fellow attendees act as “students” on host site horses. The two latest videos produced by CHA show the format for a sample lesson required for certification during a CHA Certification Clinic.

The first video features CHA Master Instructor Tara Reimer teaching a sample lesson at CHA Level 3 involving western turn backs. Viewers can watch the instructors perform a tack check before riders view a demonstration of a western turn back. The western turn back is used in working cow horse events and can be used to help the horse engage their hind end more. After the demonstration, Reimer then teaches the participants how to perform the maneuver. Riders then practice their turn backs while she provides feedback for each rider and then provides a self-evaluation of their riding for that day. View this sample lesson at http://cha-ahse.org/store/pages/212/CHA_Educational_YouTube_Video_Shots.html

The second video features Reimer teaching the first lope for a CHA Level 2 lesson. Viewers can see that the lesson starts with the safety check followed by a later check of cinches by the assistant instructor after the horses have warmed up. Reimer then works on body positions of each rider as she preps the riders for the jog. Each rider receives feedback at the jog. One rider then does a demonstration of the lope while the instructor discusses how the lope is different from the jog, how to cue, and then what the seat is at the lope. After each rider performs their first lope, Reimer adds some final tips for instructors at the end of the video. View this sample lesson at http://cha-ahse.org/store/pages/212/CHA_Educational_YouTube_Video_Shots.html

Additional videos on CHA’s website “Sample Lessons” include:

- 3 CHA 15 Minute Sample Lessons on First Trot/Jog
- Horseback Riding Exercises to Improve Rider Position
- Lengthening and Shortening Horse's Strides

In addition to these free sample lessons on YouTube, CHA also offers a 50-minute webinar called "Preparing to Become a CHA Certified Horseback Riding Instructor" with CHA Master Instructor and Clinician Laura Jones. This webinar covers all about CHA, the CHA levels, the clinic process, and how to plan for your clinic. This webinar from CHA is free and also featured on YouTube at www.youtube.com/watch?v=GuhOm8YjGyI.

And finally, further reading is available on CHA's blog on "[What to Expect During a Certification Clinic](#)."

All of these resources are helpful for anyone interested in CHA Equine Professional Certification for riding instructors, trail guides, equine facility managers, etc. To learn more about CHA Certification, please visit <http://cha.horse/store/pages/30/Certifications.html>. For further questions, please call 859-259-3399 or email office@CHAinstructors.com.

CHA Instructors Change Lives Through Safe Experiences with Horses. The purpose of CHA is to promote excellence in safety and education for the benefit of the horse industry. CHA certifies instructors and trail guides, accredits equestrian facilities, publishes educational manuals, produces educational horsemanship DVDs and YouTube Safety shorts, and hosts regional and international conferences. For more information on the largest certifying body of riding instructors and barn managers in North America, Certified Horsemanship Association, please visit www.CHA.horse or call 859-259-3399. To find a certified horseback riding instructor or accredited equine facility near you, visit www.CHAinstructors.com

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