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**Certified Horsemanship Association to Discuss Equine Assisted Activities  
with Gary Millar and Jessica Mohr on Its May Episode of  
Horses in the Morning Radio Show**

*(May 2016)* – As the third Tuesday of May approaches, the Certified Horsemanship Association is excited to provide practical tips on how to enhance your horsemanship or your riding programs on CHA’s segment of the Horses in the Morning Radio Show. Two special guests, Gary Millar and Jessica Mohr, will discuss, “Equine Assisted Activities to Enhance Your Own Horsemanship or Your Riding Programs.” The show will air at 9 a.m. Eastern Time on Tuesday, May 17, 2016, with hosts CHA’s CEO Christy Landwehr and Glenn the Geek. Those who can’t listen live can catch the recorded version afterward on iTunes, HorsesintheMorning.com, or through the Horse Radio Network mobile phone app. Listeners are sure to take away many practical tips from this topic.

Equine Assisted Learning involves activities with horses that do not include riding. These activities are geared toward improving team building, leadership skills, and communication skills. The person working with the horse must look at the horse as a partner.

Gary Millar is a horseman, coach, leader, and a pioneer in the field of Equine Assisted Learning. He is a facilitator at Equus Alive, which helps people become more aware of their body and the messages it shares, learn to listen to themselves and to others, feel a renewed sense of self-awareness, gain self-confidence, and learn how to tap into high levels of personal skills and thinking. Millar has spent many years helping people improve their quality of their lives through interaction with horses.

Millar is the developer and current operator of the Arabian Horse Reading Literacy Project, which motivates children to want to read by exposing them to good books and an exhilarating interaction with horses. Not only will Millar share his experiences in business and as a professional communicator, but he will offer insight into how Equine Assisted Learning can offer practical and relevant real world learning experiences for anyone.

Just like many horse people, Jessica Mohr developed a love of horses as a child, but her only exposure was when she traveled with her family to Kentucky to watch horse racing at

Churchill Downs and to visit the Kentucky Horse Park. If she was lucky, she would occasionally catch a glimpse of her neighbor's fox hunting horses. At the age of 12, her dreams of being around horses came true when she and her family moved to a camp in Alaska that had a thriving equine program. It was her first introduction to the Certified Horsemanship Association, and four years later she became a certified assistant instructor at age 16. She has since progressed to become a CHA Certified Master Instructor, Clinic Instructor, past board member, and past vice president. She has also been a member of the Regional Director Triad for Region 1.

Mohr has had some amazing experiences through her involvement of horses, including instructing Zac Efron how to ride, riding as a stunt double in the movie, "The Derby Stallion," learning to trick rope, and announcing at rodeos. She has also shown in dressage against FEI level riders and trained with Dieter Riedinger, an elite-level instructor of classical dressage. She also enjoys cow work, ranch roping, and ranch versatility, and has also competed on the hunter/jumper circuit, in three-day events, and in team penning. Mohr's favorite part of the equestrian world are the people and children that it connects her with. Most recently, Mohr has been thrilled to take children and young adults on horse camping expeditions and trail rides, as she teaches them about good horse management principles, the importance of character, and how to overcome obstacles. She currently owns a riding facility and tack shop in Sisters, Oregon, called Southern Magnolias.

For questions on CHA's segment on the Horses in the Morning radio show, please contact CHA's headquarters in Lexington, KY, at 859-259-3399 or [info@CHA-ahse.org](mailto:info@CHA-ahse.org). If you would like to advertise on CHA's segment, please visit [CHAInstructors.com/advertise](http://CHAInstructors.com/advertise) for more information.

*CHA Instructors Change Lives Through Safe Experiences with Horses. The purpose of CHA is to promote excellence in safety and education for the benefit of the horse industry. CHA certifies instructors and trail guides, accredits equestrian facilities, publishes educational manuals, produces educational horsemanship DVDs and YouTube Safety shorts, and hosts regional and international conferences. For more information on the largest certifying body of riding instructors and barn managers in North America, Certified Horsemanship Association, please visit [www.CHA-ahse.org](http://www.CHA-ahse.org) or call 859-259-3399. To find a certified horseback riding instructor or accredited equine facility near you, visit [www.CHAinstructors.com](http://www.CHAinstructors.com).*

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