

**From:** <AHorsePubs@aol.com>  
**Subject:** **AHP Newsgroup: Julie Goodnight Releases New Book with CHA**  
**Date:** June 22, 2006 3:16:00 AM MDT  
**To:** <ahp\_list@majordomo.bloodhorse.com>

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## **For Immediate Release**

**Contact: Julie Goodnight Horsemanship Training  
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## **Julie Goodnight Releases New Book with CHA: Ready to Ride? Finding a Program and Getting Prepared for Your Adventure**

**For a high resolution cover image, visit:**

<http://www.juliegoodnight.com/images/readytoride.jpg>

**For a high res photo of Julie, visit:**

<http://www.juliegoodnight.com/images/juliegoodnight.jpg>

**Poncha Springs, Colorado, June 12, 2006:** Horse trainer and clinician Julie Goodnight announces the release of her newest book: *Ready to Ride? Finding a Program and Getting Prepared for Your Adventure*. The 51-page book published by the Certified Horsemanship Association details the questions many new riders ask Goodnight during her nation-wide clinics.

"Time and time again, people tell me how much they appreciate my teaching because I don't assume people know anything and I try to explain every concept from beginning to end," Goodnight explains. "This book gives the answers that novice horse enthusiasts need to get started in the sport--if they knew what questions to ask. Riding is one of those sports that it takes a while to learn how much you don't know. This book gives you the answers you need, so you don't have to waste time in the trial and error phase."

Are you a non-horsey parent with a horse-loving kid? Have you returned to riding with distant memories of childhood lessons? Or do you want to brush up on your horse-owning knowledge? This resource is a must have for parents and adult riders new to the sport. You'll learn more about choosing breeds, selecting a riding style, how to choose a lesson and boarding barn, what to look for in an instructor, what equipment you'll need, how to lease a horse, cost factors, and what to know before

your first horse purchase—all are answered with safety and the best education in mind.

Goodnight has experience in many equestrian disciplines and with many horse breeds—ranging from dressage and jumping to racing, reining, colt-starting, and wilderness riding. She is also an author of *Ride with Confidence* <2004 David & Charles>. Please contact <http://www.juliegoodnight.com> or call 719-530-0531 to purchase the book, or to request a review copy.

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